

KRIS' 2023/2024 SCHEDULE

Monday

Team

Pre- Team
4:00-5:30

Team 2
4:00-6:30

Team 1/Elite
5:15-8:15

Rec Tumbling

Home School
3:00-4:00

Tumble Bug
5:30-6:30

Cheer

Recreational Cheer
6:30-7:30

Dance

Tumble/Dance Combo
(7-12 years old)
4:00-5:00

Tumble/Dance Combo
(3-6 years old)
5:00-6:00

Jazz/Ballet
6:00-7:00

Musical Theatre
7:00-7:45

Tuesday

Rec Classes

Fast Pass
3:00-4:00

Beginner 1
4:00-5:00

Rec Tramp
5:00-6:00

Beginner 2
5:00-6:00

Limber/Flip Flop
6:00-7:00

Flip Flop
7:00-8:00

Wednesday

Team

Pre- Team
4:00-5:30

Team 2
4:00-6:30

Team 1/Elite
5:15-8:15

Rec Tumbling

Beginner
5:30-6:30

Cheer

Performance Cheer
6:30-7:30

Thursday

Team

USAG
5:30-8:30

Rec Classes

Parent & Tot
4:00-4:45

Ninja
4:30-5:30

Tumble Bug
4:45-5:45

Sunday

Cheer

Level 1
3:00-5:00

Rec Classes

Cheer Tumble
5:00-6:00

Fast Pass
6:00-7:00

