

# KRIS' 2024/2025 SCHEDULE

## Monday

### TEAM

Pre- Team  
4:00-5:30

Team 2  
4:00-6:30

Team 1/Elite  
5:15-8:15

### REC TUMBLING

Beginner 2  
5:30-6:30

### DANCE

Tumble/Dance Combo  
(3-6 years old)  
4:00-5:00

Tumble/Dance Combo  
(7-12 years old)  
5:00-6:00

Performance Dance  
Team  
6:00-7:00

Ballet/Jazz  
7:00-7:45

Musical Theatre  
7:45-8:30

## Tuesday

### REC CLASSES

Beginner 1  
4:00-5:00

Tumble Bug  
5:00-6:00

Limber/Flip Flop  
6:00-7:00

Flip Flop  
7:00-8:00

### CHEER

Performance Cheer  
4:00-5:00

### REC TRAMPOLINE

Rec Trampoline  
5:00-6:00

## Wednesday

### TEAM

Pre- Team  
4:00-5:30

Team 2  
4:00-6:30

Team 1/Elite  
5:15-8:15

### REC TUMBLING

Cheer Tumble  
jr/high school  
5:30-6:30

### CHEER

Competitive Cheer  
6:30-8:30

## Thursday

### TEAM

USAG  
5:30-8:30

### REC CLASSES

Parent & Tot  
4:00-4:45

Tumble Bug  
4:45-5:45

Fast Pass  
5:45-6:45

Ninja  
4:30-5:30

## Friday

Fast Pass  
4:00-5:00

Privates  
5:00-7:00

## Saturday

### SENSORY

9:00-10:00

